



Introduction to Child Psychoanalysis: 2021-2022

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The focus of this seminar is to provide candidates with an introduction to child psychoanalysis, through readings and case presentations. Candidates will gain an understanding of the child analytic setting, the indications for undertaking a child analysis, the means of accessing the inner world of the child, and the unique role of play. We will also examine transference in child analysis and the role of action and of verbal interpretation as agents of therapeutic change. We will focus next on how trauma impacts the developing child and on what the treatment implications are in the child analytic setting. We will also study the Dyadic Expansion of Consciousness model and learn about non-interpretive mechanisms of therapeutic change. Lastly, we will examine the issue of pluralism in child analysis and explore the interrelationship between child and adult analysis, and how each has informed the other.

1. December 2, 2021

The Inner World of a Child and the Relationship Between a Child and an Adult

De Saint-Exupery, A. (1943). *The little prince*. A Harvest Book, Harcourt, Inc. [Download from the [Reading folder](#) or request from library@bpsi.org].

Participants will be able to give one example of The Little Prince as a metaphor for a therapeutic relationship between an adult therapist and a child patient.

2. December 9, 2021

On Communicating

Winnicott, D. W. (1971). Case I 'Iiro' aet 9 years 9 months. *Therapeutic consultations in child psychiatry* (pp. 12-27). Basic Books. [PEP Web Link](#)

Highly Recommended:

Winnicott, D. W. (1971). Playing a theoretical statement. *Playing and reality* (pp. 38-52). Basic Books. [PEP Web Link](#)

Participants will be able to identify one unique way in which an adult therapist communicates with a child patient

3. December 16, 2021

Psychoanalytic Theory of Play and the Therapeutic Setting

Milner, M. (1952). Aspects of symbolism in comprehension of the not-self. *International Journal of Psychoanalysis*, 33, 181-194. [PEP Web Link](#)

Highly Recommended:

Freud, A. (1974). Preparation for child analysis. *The writings of Anna Freud, volume 1, Introduction to psychoanalysis: Lectures for child analysts and teachers, 1922-1935* (pp. 3-18). International Universities Press. (Original work published 1927). [Download from the [Reading folder](#) or request from library@bpsi.org].

Freud, A. (1974). The methods of child analysis. *The writings of Anna Freud, volume 1, Introduction to psychoanalysis: Lectures for child analysts and teachers, 1922-1935* (pp. 19-35). International Universities Press. (Original work published 1927). [Download from the [Reading folder](#) or request from library@bpsi.org].

Elmhirst, S. I. (1988). The Kleinian setting for child analysis. *International Review of Psychoanalysis*, 15(1), 5-12. [PEP Web Link](#)

Suggested:

Walder, R. (1933). The psychoanalytic theory of play. *Psychoanalytic Quarterly*, 2, 208-224. [PEP Web Link](#)

Ablon, S. L. (2001). The work of transformation: Changes in technique since Anna Freud's *Normality and pathology in childhood*. *Psychoanalytic Study of the Child*, 56, 27-38. [PEP Web Link](#)

Freud, A. (1968). Indications and contraindications for child analysis. *Psychoanalytic Study of the Child*, 23, 37-46. [PEP Web Link](#). Or in *The Writings of Anna Freud, Volume VII, 1966-1970* (pp. 110-123). International Universities Press.

Klein, M. (1948). The psychological foundations of child analysis. In M. M. R. Kahn (Ed.), *The psycho-analysis of children* (3rd ed., pp. 23-39). Hogarth Press & The Institute of Psycho-Analysis. (Original work published 1926). [Download from the [Reading folder](#) or request from library@bpsi.org].

Participants will be able to describe the child analytic setting and how it differs from the adult setting.

4. January 6, 2022

Transference in Child Analysis

Yanof, J. A. (1996). Language, communication, and transference in child analysis I. Selective mutism: The medium is the message II. Is child analysis really analysis? *Journal of the American Psychoanalytic Association*, 44, 79-116. [PEP Web Link](#)

Suggested:

Furman, E. (1980). Transference and externalization in latency. *Psychoanalytic Study of the Child*, 35, 267-284. [PEP Web Link](#)

Participants will be able to explain the nature of transference in child analysis.

5. January 13, 2022

Action and Interpretation as Agents of Therapeutic Change in Child Analysis

Frankel, J. B. (1998). The play's the thing how the essential processes of therapy are seen most clearly in child therapy. *Psychoanalytic Dialogues*, 8(1), 149-182. [PEP Web Link](#)

Suggested:

Mayes, L. C., & Cohen, D. J. (1993). Playing and therapeutic action in child analysis. *International Journal of Psychoanalysis*, 74, 1235-1244. [PEP Web Link](#)

Participants will be able to list three therapeutic interventions that a child analyst employs.

6. January 27, 2022

Trauma and Disordered Attachment

Herzog, J. M. (2005). Los degradados: Out, down, dead: Transmitted and inflicted trauma as encountered in the analysis of a 6-year-old girl. *International Journal of Psychoanalysis*, 86(2), 291-310. [PEP Web Link](#)

Highly Recommended:

Slade, A. (2014). Imagining fear: Attachment, threat, and psychic experience. *Psychoanalytic Dialogues*, 24(3), 253-266. [PEP Web Link](#)

Suggested:

Bowlby, J. (1958). The nature of the child's tie to his mother. *International Journal of Psychoanalysis*, 39, 350-373. [PEP Web Link](#)

Participants will be able to give one example of how a child's history of trauma may necessitate changes in working with children in the analytic setting.

7. February 3, 2022

Dyadic Expansion of Consciousness Model and the “Something More” than Interpretation

Harrison, A. M., & Tronick, E. (2011). “The noise monitor”: A developmental perspective on verbal and nonverbal meaning-making in psychoanalysis. *Journal of the American Psychoanalytic Association*, 59(5), 961-982. [PEP Web Link](#)

Highly Recommended:

Winnicott, D. W. (1941). The observation of infants in a set situation. *International Journal of Psychoanalysis*, 22, 229-249. [PEP Web Link](#)

Suggested:

The Boston Change Process Study Group (BCPSG). (1998). Non-interpretive mechanisms in psychoanalytic therapy: The ‘something more’ than interpretation. *International Journal of Psychoanalysis*, 79, 903-921. [PEP Web Link](#)

The Boston Change Process Study Group (BCPSG). (2002). Explicating the implicit: The local level and the microprocess of change in the analytic situation. *International Journal of Psychoanalysis*, 83(5), 1051-1062. [PEP Web Link](#)

Lyons-Ruth, K. (2000). “I sense that you sense that I sense...”: Sander's recognition process and the specificity of relational moves in the psychotherapeutic setting. *Infant Mental Health Journal*, 21(1-2), 85-98. [Download from the [Reading folder](#) or request from library@bpsl.org].

Participants will be able to describe one therapeutic intervention in analysis that does not use verbal interpretation.

8. February 10, 2022

Pluralism in Child Analysis and the Relationship between Child and Adult Analysis

Lament, C. (2021). Useful untruths: A plea for the necessity of pluralism in child analysis. *Psychoanalytic Study of the Child*, 74(1), 105-117. [Download from the [Reading folder](#) or request from library@bps.org].

Highly Recommended:

Ferro, A., & Basile, R. (2006). Unity of analysis: Similarities and differences in the analysis of children and grown-ups. *Psychoanalytic Quarterly*, 75(2), 477-500. [PEP Web Link](#)

Ablon, S. L. (2014). What child analysis can teach us about psychoanalytic technique. *Psychoanalytic Study of the Child*, 68, 211-224. [PEP Web Link](#)

Suggested:

Ferenczi, S. (1931). Child-analysis in the analysis of adults. *International Journal of Psychoanalysis*, 12, 468-482. [PEP Web Link](#)

Participants will be able to describe one similarity and one difference between child psychoanalysis and adult psychoanalysis.

Additional readings:

Ablon, S. L. (2001). Continuities of tongues: A developmental perspective on the role of play in child and adult psychoanalytic process. *Journal of Clinical Psychoanalysis*, 10(3-4), 345-365. [PEP Web Link](#)

Abrams, S. (1999). How child and adult analysis inform and misinform one another. *Annual of Psychoanalysis*, 26, 3-20. [PEP Web Link](#)

Chused, J. F. (1990). How clinical work with children can inform the therapist of adults. In S. Dowling (Ed.), *Child and adolescent analysis: Its significance for clinical work with adults* (pp. 37-54). International Universities Press. [Download from the [Reading folder](#) or request from library@bps.org].

Chused, J. F. (1988). The transference neurosis in child analysis. *Psychoanalytic Study of the Child*, 43, 51-81. [PEP Web Link](#)

Klein, M. (1932). An obsessional neurosis in a six-year-old girl. *The psychoanalysis of children* (pp. 65-93). Hogarth Press. [PEP Web Link](#)

Loewald, H. W. (1960). On the therapeutic action of psycho-analysis. *International Journal of Psychoanalysis*, 41, 16-33. [PEP Web Link](#)

Mahon, E. (2000). A “good hour” in child analysis and adult analysis. *Psychoanalytic Study of the Child*, 55, 124-142. [PEP Web Link](#)

Meisel, F. L. (2019). “The goodest of functions”: The restoration of temporality in the analysis of a psychotic child. *Psychoanalytic Study of the Child*, 72(1), 171-189. [Download from the [Reading folder](#) or request from library@bpsl.org].

Neubauer, P. B. (1994). The role of displacement in psychoanalysis. *Psychoanalytic Study of the Child*, 49, 107-119. [PEP Web Link](#)

Gilmore, K. (2011). Pretend play and development in early childhood (with implications for the oedipal phase). *Journal of the American Psychoanalytic Association*, 59(6), 1157-1181. [PEP Web Link](#)

Solnit, A. J. (1987). A psychoanalytic view of play. *Psychoanalytic Study of the Child*, 42, 205-219. [PEP Web Link](#)

Schacht, L. (1991). A river can't be green, can it? From the analysis of Boris. *International Journal of Psychoanalysis*, 72, 511-524. [PEP Web Link](#)

Seligman, S. (2018). *Relationships in development: Infancy, intersubjectivity, and attachment*. Routledge. [Can be requested from the [library](#) by BPSI Members and Partners].

Sugarman, A. (2009). Child versus adult psychoanalysis: Two processes or one? *International Journal of Psychoanalysis*, 90(6), 1255-1276. [PEP Web Link](#)

Winnicott, D. W. (1971). Transitional objects and transitional phenomena. *Playing and reality* (pp. 1-25). Basic Books. (Original work published 1953). [PEP Web Link](#)