



## **Elective: Melanie Klein in Contemporary Psychoanalytic Practice**

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December 2021 till February 2022.

In this eight- week course we will study how ideas and concepts first introduced by Melanie Klein inform psychoanalytic practice today. We will focus each week on a key Kleinian concept and examine its contemporary psychoanalytic significance. We will read some original Klein texts and the works of those who followed her, for example Betty Joseph, Elizabeth Bott Spillius, John Steiner, Serge Frisch, Martin Feldman, Meira Likierman, Judith Mitrani, Ruth Stein, Catalina Bronstein, Jill Boswell, Edna O’Shaughnessy, Ronald Britton. We will finish up with a session on the work of Wilfred Bion. We have furthermore included several recent works by these and other neo-Kleinian writers as supplement readings. A reference for each Kleinian concept by R.D. Hinshelwood (1991) is included for each session. An additional resource is: “The New Dictionary of Kleinian Thought” (2011) written by Elizabeth Bott-Spillius, Jane Milton, Penelope Garvey, Cyril Couve, and Deborah Steiner, published by Routledge.

We look forward to a stimulating learning experience together.

### **Session 1 (December 2, 2021):**

#### **Unconscious Phantasy and Affect in Melanie Klein’s Theory**

Readings:

Stein, R. (1990). A New Look at the Theory of Melanie Klein. *Int. J. Psychoanalysis*. 71:499-511.

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## Suggested Readings:

Frisch, S. and Frisch-Desmarez, C. (2010). Some thoughts on the concept of the internal parental couple. *IJPA* 91(2):325-342. [PEP Web Link](#)

Hinshelwood, R.D. (1991) Unconscious Phantasy. In: *A Dictionary of Kleinian Thought*, pp. 32-46. [Download from the [Reading folder](#) or request from [library@bps.org](mailto:library@bps.org)].

Hinshelwood, R.D. (1991) Internal Objects. In: *A Dictionary of Kleinian Thought*, pp. 68-83. [Download from the [Reading folder](#) or request from [library@bps.org](mailto:library@bps.org)].

Ogden, T. (1990) *The Matrix of the Mind: Object Relations and Psychoanalytic Dialogue*. Chapter 2: Instinct, Phantasy and Psychological Deep Structure in the Work of Melanie Klein. Jason Aronson. [Download from the [Reading folder](#) or request from [library@bps.org](mailto:library@bps.org)].

Rusbridger, R. (2012) Affects in Melanie Klein. *International Journal of Psychoanalysis*. 93(1):139-150. [PEP Web Link](#)

Schafer, R. (1994) The Contemporary Kleinians of London. *Psychoanalytic Quarterly*. 63:409-432. [PEP Web Link](#)

Spillius, E.B. (1983) Some Developments from Melanie Klein. *Intern. Journal of Psychoanalysis*. 64:321-332. [PEP Web Link](#)

Spillius, E.B. (1994) Developments in Kleinian Thought: Overview and Personal View. *Psychoanalytic Inquiry*. 14(3):324-364. [PEP Web Link](#)

Steiner, J. (Editor) 2017. *Lectures on Technique by Melanie Klein*. Routledge [Can be requested from the [library](#) by BPSI Members and Partners].

## Session 2 (December 9, 2021):

### The Depressive Position

#### Reading:

Klein, M. (1940) Mourning and its Relation to Manic Depressive States. In: *The Writings of Melanie Klein*. Vol. 1 Love Guilt and Reparation (1921-1945) The Free Press. Pp 344- 369. [Download from the [Reading folder](#) or request from [library@bps.org](mailto:library@bps.org)] or [PEP Web Link](#).

### Suggested Readings:

Bronstein, C. (2001) What are Internal Objects? Chapter 8. In: Kleinian Theory- a Contemporary Perspective. Editor: Catalina Bronstein. Whurr Publishers, pp. 108-124. [Download from the [Reading folder](#) or request from [library@bps.org](mailto:library@bps.org)].

Hinshelwood, R.D. (1991) Depressive Position. In: A Dictionary of Kleinian Thought. Free Association Books. London. Pp 138-155. [Download from the [Reading folder](#) or request from [library@bps.org](mailto:library@bps.org)].

Isaacs, S. (1948) The Nature and Function of Phantasy. International Journal of Psychoanalysis. 29:73-97. [PEP WEB Link](#)

Riesenberg-Malcolm, R. (1988) Interpretation: The Past in the Present. In: Melanie Klein Today. Vol. II. Mainly Practice. Pp 73-89. [Download from the [Reading folder](#) or request from [library@bps.org](mailto:library@bps.org)].

Rockwell, S. (2014) Problems of Internalization: A Button is a Button is not. Psychoanalytic Quarterly. Vol.1. 33.1. Pp 23- 39. [Download from the [Reading folder](#) or request from [library@bps.org](mailto:library@bps.org)].

### **Session 3 (December 16, 2021):**

#### **The Depressive Position, continued**

#### Readings:

Likierman, M. (1995) Loss of the Loved Object: Tragic and Moral Motifs in Melanie Klein's Concept of the Depressive Position. Brit. J. Psychother., 12:147-159. [PEP Web Link](#)

Mitrani, J. (2007) Some technical implications of Klein's concept of premature ego development. IJPA. 88:825-842. [PEP Web Link](#)

#### Suggested Readings:

Hinshelwood, R.D (1991). Symbol Formation and Internal Objects. In: A Dictionary of Kleinian Thought. pp. 444-452 and pp. 68-83. [Download from the [Reading folder](#) or request from [library@bps.org](mailto:library@bps.org)].

Klein, M. (1935) A Contribution to the Psychogenesis of Manic-Depressive States. In: The Writings of Melanie Klein, Vol I, Love, Guilt and Reparation and other Works (1921- 1945). The Free Press, 1975. pp. 262-289. [Download from the [Reading folder](#) or request from [library@bps.org](mailto:library@bps.org)].

Hinshelwood, R.D. (2007) The Kleinian Theory of Therapeutic Action. The Psychoanalytic Quarterly. 76:1479-1498. [PEP Web Link](#)

#### **Session 4 (January 6, 2022):**

##### **The Paranoid-Schizoid Position**

###### Readings:

Klein, M. (1946) Notes on Some Schizoid Mechanisms. In: The Writings of Melanie Klein. Vol. III. London. Hogarth Press. 1975. Pp.1-24. [Download from the [Reading folder](#) or request from [library@bps.org](mailto:library@bps.org)].

Spillius, E. (1993) Varieties of Envious Experience. Intern. Journal of Psychoanalysis. 74:1199-1212. [PEP Web Link](#)

###### Suggested Readings:

Chiesa, M. (2001) Envy and Gratitude. Chapter 7, pp.93-107. In: Kleinian Theory- a Contemporary Perspective. Editor: Catalina Bronstein. Whurr Publishers. [Download from the [Reading folder](#) or request from [library@bps.org](mailto:library@bps.org)].

Hinshelwood, R.D. (1991), The Paranoid-Schizoid Position. In: A Dictionary of Kleinian Thought. Free Association Books, London, pp 156-166. [Download from the [Reading folder](#) or request from [library@bps.org](mailto:library@bps.org)].

Klein, M. (1975) Envy and Gratitude. In: Envy and Gratitude and Other Works 1946–1963: Edited By: M. Masud R. Khan. 104: 175-235 [PEP Web Link](#)

Roth, P. (2001) “The paranoid schizoid position”. Chapter 3. In: Kleinian Theory- a Contemporary Perspective. Editor: Catalina Bronstein. Whurr Publishers, pp.32-46 [Download from the [Reading folder](#) or request from [library@bps.org](mailto:library@bps.org)].

## **Session 5 (January 13, 2022):**

### **Splitting and Projective Identification**

#### Readings:

Feldman, M. (1999) Splitting and Projective Identification. In: Clinical Lectures on Klein and Bion. Chapter 6. Elizabeth Bott Spillius (Editor). The New Library of Psychoanalysis. pp. 74-88. [Download from the [Reading folder](#) or request from [library@bpsl.org](mailto:library@bpsl.org)].

Joseph, B. (1983) On Understanding and not Understanding- Some Technical Issues. International Journal of Psychoanalysis. 64:291-298. [PEP Web Link](#)

#### Suggested Readings:

Joseph, B. (1985) Transference: The Total Situation. IJPA 66:447-454. [PEP Web Link](#)

Hinshelwood, R.D (1991). Projective Identification. In: A Dictionary of Kleinian Thought. Pp. 179-208. [Download from the [Reading folder](#) or request from [library@bpsl.org](mailto:library@bpsl.org)].

Joseph, B. (1987) Projective Identification. Some Clinical Aspects, In: Melanie Klein Today, Vol. I. Mainly Theory. E. Bott-Spillius (ed). Pp. 138-150. [Download from the [Reading folder](#) or request from [library@bpsl.org](mailto:library@bpsl.org)].

Blass, R. (2015) Conceptualizing Splitting: On the different meanings of splitting and their implications for the understanding of the person and the analytic process. International Journal of Psychoanalysis. 96:123-139. [PEP Web Link](#)

## **Session 6 (January 27, 2022):**

### **Death Drive, Pathological Organizations, Ego-Destructive Superego**

#### Readings:

Joseph, B. (1988) Addiction to Near-Death. Melanie Klein Today. Developments in Theory and Practice. Ed. Elizabeth Spillius. Vol.1, pp. 311-323. [Download from the [Reading folder](#) or request from [library@bpsl.org](mailto:library@bpsl.org)].

De Masi, F. (2015) Is the Concept of the Death Drive Still Useful in the Clinical Field?. International Journal of Psychoanalysis. 96:445-458. [PEP Web Link](#)

Hinshelwood, R.D. (1991) Pathological Organizations. In: Dictionary of Kleinian Thought. Pp 381-387. [Download from the [Reading folder](#) or request from [library@bpsl.org](mailto:library@bpsl.org)].

Suggested Readings:

Bell, D. (2015) The death drive: Phenomenological perspectives in Contemporary Kleinian Theory. International Journal of Psychoanalysis. 96:411-423. [Download from the [Reading folder](#) or request from [library@bpsl.org](mailto:library@bpsl.org)].

Hinshelwood, R.D (1991). Superego. In: A Dictionary of Kleinian Thought. Pp. 94-111. [Download from the [Reading folder](#) or request from [library@bpsl.org](mailto:library@bpsl.org)].

Klein, M. (1975) On the Theory of Anxiety and Guilt. In: Envy and Gratitude and Other Works 1946–1963: Edited By: M. Masud R. Khan. 104:25-42 [PEP Web Link](#)

O’Shaughnessy, E. (2011) Relating to the Superego: In: Bion Today. Editor: Chris Mawson. The Institute of Psychoanalysis, London. [Download from the [Reading folder](#) or request from [library@bpsl.org](mailto:library@bpsl.org)].

Segal, H. (1957). Notes on Symbol Formation. IJPA. 38:391-397. [PEP Web Link](#)

Steiner, J. (1993) Psychic Retreats: Pathological Organizations in Psychotic, Neurotic and Borderline Patients. The New Library of Psychoanalysis. Vol. 19. Pp. 1-13 [Download from the [Reading folder](#) or request from [library@bpsl.org](mailto:library@bpsl.org)].

## **Session 7 (February 3, 2022):**

### **Early Stages of the Oedipus Complex**

Readings:

Britton, R. (1989) The Missing Link: Parental Sexuality in the Oedipus Complex. In: The Oedipus Complex Today: Clinical Implications. 54:83-101 [PEP Web Link](#)

Boswell, J. (2001) The Oedipus Complex. Chapter 6, pp.77-92. In: Kleinian Theory- a Contemporary Perspective. Editor: Catalina Bronstein. Whurr Publishers. [Download from the [Reading folder](#) or request from [library@bpsl.org](mailto:library@bpsl.org)].

Steiner, J. (2020) Illusion, Disillusion and Irony in Psychoanalysis. Chapter 6: The Unbearability of being Feminine. Routledge. [Download from the [Reading folder](#) or request from [library@bpsl.org](mailto:library@bpsl.org)].

### Suggested Readings:

Klein, M. (1928) Early Stages of the Oedipus Conflict. IJPA. 9:167-180 [PEP Web Link](#)

Hinshelwood, R.D (1991). The Oedipus Complex. In: A Dictionary of Kleinian Thought. Free Association Books. London, pp. 57-67. [Download from the [Reading folder](#) or request from [library@bpsl.org](mailto:library@bpsl.org)].

Feldman, M. (2008) Grievance: The Underlying Oedipal Configuration. IJPA. 89:743- 758. [Download from the [Reading folder](#) or request from [library@bpsl.org](mailto:library@bpsl.org)].

O'Shaughnessy, E. Words and Working Through. In Melanie Klein Today. Vol. II. Mostly Practice. Pp 138-151. [Download from the [Reading folder](#) or request from [library@bpsl.org](mailto:library@bpsl.org)].

Steiner, J. (2018) The Trauma and Disillusionment of Oedipus. International Journal of Psychoanalysis. 99(3):555-568 [PEP Web Link](#)

### **Session 8 (February 10, 2022):**

#### **Wilfred R. Bion**

#### Readings:

Bergstein, A. (2015) Attacks on Linking or the Drive to Communicate? Tolerating the paradox. The Psychoanalytic Quarterly. Vol.84(4):921-942. [PEP Web Link](#)

Riesenberg-Malcolm, R. (2001) Bion's Theory of Containment. Chapter 12. Pp. 165-180. In: Kleinian Theory- a Contemporary Perspective. Editor: Catalina Bronstein. Whurr Publishers. [Download from the [Reading folder](#) or request from [library@bpsl.org](mailto:library@bpsl.org)].

#### Suggested Readings:

Bion, W. (1967) Notes on Memory and Desire. In: Melanie Klein Today. Vol.2. Elizabeth Bott Spillius (ed). Pp 17-21. [Download from the [Reading folder](#) or request from [library@bpsl.org](mailto:library@bpsl.org)].

Mitrani, J. (2011) Taking the Transference: some technical implications in three papers by Bion. Chapter 12, pp.216-243. In: Bion Today. Editor: Chris Mawson. Routledge. [Download from the [Reading folder](#) or request from [library@bpsl.org](mailto:library@bpsl.org)].

Hinshelwood, R.D. (1991) Wilfred Bion. In: A Dictionary of Kleinian Thought. pp. 231- 237.  
[Download from the [Reading folder](#) or request from [library@bpsi.org](mailto:library@bpsi.org)].

Grotstein, J. S. (1981) Wilfred Bion: The Man, the Psychoanalyst, the Mystic- a Perspective on his Life and Work. Contemporary Psychoanalysis. 17:501-536. [PEP Web Link](#)

Charles, M. (2002) Bion's Grid: A Tool for Transformation. Journal of the American Academy Psychoanalysis. 30:429-445. [PEP Web Link](#)

Bergstein, A. (2009) On Boredom: A Close Encounter with Encapsulated Parts of the Psyche. International Journal of Psychoanalysis 90:613-631 [PEP Web Link](#)