

Systems Psychodynamics: Perspectives on Racism and Antiracism

Faculty: James W Barron, PhD and Paula Christian-Kliger, PhD Guest Faculty: Anton Hart, PhD and Beverly J. Stoute, MD

This virtual seminar will explore critical concepts in systems psychodynamics and field theory such as projective identification, splitting, social defenses, and intersubjective processes. We will use those concepts to deepen our understanding of racism in ourselves and in the groups and organizations in which we are embedded. In addition, we will consider applications of those concepts to enhance our individual and collective efforts to become more antiracist. Each session will be evenly divided between discussion of the assigned readings and an experiential component reflection on our own group process as it relates to our learning together about racism and antiracism.

Dates and Time: Dec. 2, 9, 16, 2021; Jan. 6, 13, 27, Feb. 3, 10, 2022. Thursday Evening 8:00 – 9:30

Session #1 Dec 2, 2021 Systems Psychodynamics: Critical Concepts

Petriglieri, G., & Petriglieri, J. L. (2020). The return of the oppressed: A systems psychodynamic approach to organization studies. *Academy of Management Annals, 14*(1), 411-449. [Download from the <u>Reading folder</u> or request from <u>library@bpsi.org</u>].

Petriglieri, G., & Stein, M. (2012). The unwanted self: Projective identification in leaders' identity work. *Organization Studies*, *33*(9), 1217–1235. [Download from the <u>Reading folder</u> or request from <u>library@bpsi.org</u>].

Session #2 Dec 9, 2021 Field Theory: Intersubjective Processes

Tubert-Oklander, J. (2013). Field, process, and metaphor. *Psychoanalytic Inquiry*, *33*(3), 229-246. PEP Web Link

Baranger, M. (2012). The intrapsychic and the intersubjective in contemporary psychoanalysis. *International Forum of Psychoanalysis, 21*(3), 130-135. PEP Web Link

Christian-Kliger, P. (2004). Rebuilding homeland security: Creating a bridge from psychoanalysis to the American Red Cross. *The American Psychoanalyst*, *38*(1), 7, 25. Linked Here.

Session #3 Dec 16, 2021 Mutual Shaping of Individual and Group

Hinshelwood, R. D. (2018). John Rickman behind the scenes: The influence of Lewin's field theory on practice, countertransference, and W.R. Bion. *International Journal of Psychoanalysis*, 99(6), 1409-1423. [Download from the <u>Reading folder</u> or request from <u>library@bpsi.org</u>].

Hinshelwood, R. D. (2012). Links and perspectives on the individual and the group. *Psychoanalytic Quarterly*, *81*(3), 589-600. PEP Web Link

Christian-Kliger, P., & Nixon, W. R. (2012). The mind of the executive through the eyes of psychoanalytic partners. *Psychoanalytic Inquiry*, *32*(4), 393-411. PEP Web Link

Session #4 Jan 6, 2022 Engagement with Otherness

Guest Faculty: Anton Hart, PhD

Matheny, B., & Teng, B. (2021, February). Radical openness: An interview with Anton Hart. *Room: A sketchbook for analytic action*. <u>Linked Here</u>.

Matheny, B., Hart, A., & Teng, B. P. (2021, June). Radical openness, part II: An interview with Anton Hart. *Room: A sketchbook for analytic action*. Linked Here.

Hart, A. (2017). From multicultural competence to radical openness: A psychoanalytic engagement of otherness. *The American Psychoanalyst*, *51*(1). <u>Linked Here</u>.

Session #5 Jan 13, 2022 Black Rage as Psychic Adaptation

Guest Faculty: Beverly J. Stoute, MD

Stoute, B. (2021). Black Rage: The Psychic Adaptation to the Trauma of Oppression. *Journal of the American Psychoanalytic Association*, Vol. 69, 259-290. [Download from the <u>Reading folder</u> or request from <u>library@bpsi.org</u>].

Stoute, B. J. (2019). Racial socialization and thwarted mentalization: Psychoanalytic reflections from the lived experience of James Baldwin's America. *American Imago*, 76(3), 335-357. [Download from the Reading folder or request from library@bpsi.org].

Recommended:

Stoute, B. J. (2017). Race and racism in psychoanalytic thought: The ghosts in our nursery. *The American Psychoanalyst*, *51*(1). <u>Linked Here</u>.

Session #6 Jan 27, 2022 Race and Racism at Intrapsychic, Interpersonal, and Societal Levels

Powell, D. R. (2020). From the sunken place to the shitty place: The film Get Out, psychic emancipation and modern race relations from a psychodynamic clinical perspective. *Psychoanalytic Quarterly*, 89(3), 415-445. [Download from the <u>Reading folder</u> or request from <u>library@bpsi.org</u>].

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Powell, D. R. (2018). Race, African Americans, and psychoanalysis: Collective silence in the therapeutic conversation. *Journal of the American Psychoanalytic Association*, 66(6), 1021–1049. [Download from the Reading folder or request from library@bpsi.org].

Christian-Kliger, P. (1999). Apartheid Thinking: Inside South Africa and Psychoanalysis – Human rights (rites) and their role in development and change. American Psychological Association, Division 39, Psychoanalytic Psychology Conference. Produced and published by APA on tape, 1-21. [Download from the Reading folder or request from library@bpsi.org].

Session #7 Feb 3, 2022 Group Relations and Community Intervention

Joseph, J., Williams, B., & Lewis, T. (2021). The exploring difference workshop: Group relations methodology to deepen anti-racist education in Toronto, Canada. *Organisational and Social Dynamics*, *21*(1), 40-55. [Download from the <u>Reading folder</u> or request from <u>library@bpsi.org</u>].

Ainslie, R. C. (2013). Intervention strategies for addressing collective trauma: Healing communities ravaged by racial strife. *Journal of Psychoanalysis, Culture and Society, 18*(2), 140-152. [Download from the Reading folder or request from library@bpsi.org].

Ainslie, R. C., & Brabeck, K. (2003). Race murder and community trauma: Psychoanalysis and ethnography in exploring the impact of the killing of James Byrd in Jasper, Texas. *Journal for the Psychoanalysis of Culture and Society, 8*(1), 42-50. [Download from the <u>Reading folder</u> or request from <u>library@bpsi.org</u>].

Session #8 Feb 10, 2022 Racism, Rupture, and Repair

Tummala-Narra, P. (2020). Racial trauma and dissociated worlds within psychotherapy: A discussion of "Racial difference, rupture, and repair: A view from the couch and back." *Psychoanalytic Dialogues*, *30*(6), 732-741. [Download from the <u>Reading folder</u> or request from <u>library@bpsi.org</u>].

Davids, M. F. (2011). A clinical study of a racist attack. In *Internal racism: A psychoanalytic approach to race and difference* (pp. 19-36). Macmillan International/Red Globe Press. [Download from the Reading folder or request from library@bpsi.org].

Faculty

James W Barron, PhD is the Chair of the Board of Trustees and a faculty member of BPSI. He is the Chair of the Section of the Psychoanalyst in the Community of the Department of Psychoanalytic Education (DPE), American Psychoanalytic Association, and is Associate Editor of the Special Issue of the International Journal of Psychoanalysis, focusing on Psychoanalysis in the Community. He is an author and editor of articles and five books on various psychoanalytic topics. He is the former President of the Division of Psychoanalysis of the American Psychological Association, and prior Director of Executive Education for Innosight, founded by Harvard Business School Professor Clayton Christensen, focusing on concepts of disruptive innovation, and faculty member of The Levinson Institute for Executive Education. He maintains a private practice in Brookline, MA with a focus on psychoanalysis and organizational consulting.

Paula Christian-Kliger, PhD, ABPP is a member of Black Psychoanalysts Speak, the American Psychoanalytic Association, the International Psychoanalytical Association, and the International Society for the Psychoanalytic Study of Organizations, and the American Psychological Association. She is a board-certified psychologist and a psychoanalyst who founded Psychological Assets, PC and Kliger Consulting Group, LLC over 30 years ago. Within her diverse professional practice, she sees individuals, families, and organizations; consults to communities, and specializes in extended work with those who have suffered from crisis, disaster, and historical trauma-based adversities. Dr. Kliger earned her MA and PhD in Clinical Psychology (with a minor in Statistical Measurement and Design) from Wayne State University, and is fully licensed in New York, Michigan, and Ohio. She completed psychoanalytic training at the Michigan Psychoanalytic Institute of the American Psychoanalytic Association. Dr. Kliger teaches *Advanced Ethics* at Michigan Psychoanalytic Institute, and teaches *Cultural Issues in Psychoanalytic Psychotherapy* and *Working Through in Psychoanalytic Psychotherapy* as Clinical Assistant Professor, at Wayne State University, School of Medicine.

Anton Hart, PhD, FABP, FIPA is Training and Supervising Analyst and Faculty of the William Alanson White Institute. He presents and consults nationally and internationally. He is a member of the Editorial Boards of *Psychoanalytic Psychology* and *Contemporary Psychoanalysis*. He has published articles and book chapters on a variety of subjects including psychoanalytic safety and mutuality, issues of racial, sexual and other diversities, and psychoanalytic pedagogy. He is a member of the group, Black Psychoanalysts Speak, and, also, Co-produced and was featured in the documentary film of the same name. He teaches at The Manhattan Institute, Mt. Sinai Hospital, the Institute for Contemporary Psychotherapy, the National Institute for the Psychotherapies National Training Program, the New York Psychoanalytic Institute, the Institute for Relational Psychoanalysis of Philadelphia, and the NYU Postdoctoral Program in Psychoanalysis. He serves as Co-Chair of the Holmes Commission on Racial Equality in the American Psychoanalytic Association. He is in full-time private practice of psychoanalysis, individual and couple psychotherapy, psychotherapy supervision and consultation, and organizational consultation, in New York.

Beverly J. Stoute, MD, FABP, FAPA, a Child, Adolescent and Adult Psychiatrist and Psychoanalyst, serves as the President of the Atlanta Psychoanalytic Society and Co-Chair of the Holmes Commission on Racial Equality in the American Psychoanalytic Association. She is a Training and Supervising Analyst at the Emory University Psychoanalytic Institute, a Child and Adolescent Supervising Analyst and graduate of The New York Psychoanalytic Institute, and serves on the BOSTON PSYCHOANALYTIC SOCIETY AND INSTITUTE • 141 HERRICK ROAD • NEWTON CENTRE. MA 02459 • 617 266-0953 • WWW.BPSI.ORG

faculties of the Southeast Child Analytic Consortium, the adjunct faculties of the Emory University School of Medicine, and the Morehouse School of Medicine, the editorial boards of the Psychoanalytic Study of the Child, and Journal of the American Psychoanalytic Association (beginning 2021), the Advisory Council of the Harlem Family Institute, and is a member of Black Psychoanalysts Speak. She is a nationally recognized speaker, author, and consultant on issues of race, racism, diversity, the development of race awareness, and psychoanalytic applications in the treatment of seriously disturbed children and adolescents. Her full-time private practice of child, adolescent, and adult psychiatry and psychoanalysis includes a wide range of clinical modalities and broad range of clinical issues including psychopharmacology, individual psychotherapy, couples and family psychotherapy, psychoanalysis, parent guidance, school and organizational consultation.