



**Spring 2022**

ATP III

**Transference/Countertransference Dilemmas in the Treatment of the  
Seriously Disturbed Patient**

**Mary McCarthy, M.D. & Joseph M Schwartz, Ph.D.**

We're looking forward to meeting you and beginning our ten-week course on Transference/Countertransference Dilemmas in the Treatment of the Seriously Disturbed Patient. We will explore – through a series of clinically oriented papers and our own clinical material – common transference and countertransference dilemmas that arise in the work with patients suffering from Trauma, Schizoid, Borderline, and Narcissistic Pathology. We hope this course will dovetail with your seminar on Borderline and Narcissistic Character Pathology, allowing us an opportunity to delve more deeply into the clinical manifestations of these and other challenging patients and some of the technical challenges we inevitably encounter.

**Week 1 (March 31, 2022): Countertransference**

Heimann, P. (1950) On Counter-Transference. *International Journal of Psychoanalysis*, 31:81-84.

[PEP Web Link](#)

Reich, A. (1951) On Counter-Transference, *International Journal of Psychoanalysis*, 32:25-31.

[PEP Web Link](#)

**Learning Objective:** At the conclusion of this session students will be able to identify one significant difference between Heimann's and Reich's conception of countertransference.

**Week 2 (April 7, 2022): Countertransference, continued**

Bollas, C. (1983) Expressive Uses of the Countertransference—Notes to the Patient from Oneself. *Contemporary Psychoanalysis*, 19:1-33. [PEP Web Link](#)

**Learning Objective:** At the conclusion of this session students will be able to describe the difference between Bollas's concepts of indirect and direct use of countertransference.

**Week 3 (April 14, 2022): The Patient who is Withdrawn, Hard to Reach, or Hard to Love**

Goldberg, P. (1989). Actively Seeking the Holding Environment-Conscious and Unconscious Elements in the Building of a Therapeutic Framework. *Contemporary Psychoanalysis*, 25:448-476. [PEP Web Link](#)

Recommended Reading:

Fairbairn, WRD. (1952) "Schizoid Factors in the Personality" in *Psychoanalytic Studies of the Personality*. 3-27. NY: Routledge. [Download from the [Reading folder](#) or request from [library@bpsj.org](mailto:library@bpsj.org)] or [PEP Web Link](#)

**Learning Objective:** At the conclusion of this session students will be able to identify one approach utilized in the treatment of the withdrawn patient.

**Week 4 (April 21, 2022): Trauma**

Brown, L. (2006) Julie's Museum: The evolution of thinking, dreaming and historicization in the treatment of traumatized patients. *International Journal of Psychoanalysis*, 87, 1569-1585. [PEP Web Link](#).

**Learning Objective:** At the conclusion of this session students will be able to define two discrete psychoanalytic approaches to dealing with traumatized patients as described by L. Brown.

**Week 5 (April 28, 2022): Management of Pressures on the Frame**

Casement, P. J. (1982) Some Pressures on the Analyst for Physical Contact During the Re-Living of an Early Trauma. *International Review of Psychoanalysis*, 9:279-286. [PEP Web Link](#)

**Learning Objective:** At the conclusion of this session students will be able to identify one approach to managing severe challenges to the therapeutic frame.

**Week 6 (May 5, 2022): Erotic Transference and Countertransference**

Gabbard, G. O. (1994). Sexual Excitement and Countertransference Love in the Analyst. *Journal of the American Psychoanalytic Association*, 42:1083-1106. [PEP Web Link](#)

Recommended Reading:

Bolognini, S. (1994). Transference: Erotised, Erotic, Loving, Affectionate. *International Journal of Psychoanalysis*, 75:73-86. [PEP Web Link](#)

**Learning Objective:** At the conclusion of this session students will be able to define erotic transference and countertransference.

**Week 7 (May 12, 2022): Working with Shame in the Transference and Countertransference**

Bromberg, P. M. (2001). Treating patients with symptoms—and symptoms with patience: Reflections on shame, dissociation, and eating disorders. *Psychoanalytic Dialogues*, 11:891-912. [PEP Web Link](#)

Recommended Reading:

Morrison, A. (1984). Working with Shame in Psychoanalytic Treatment. *Journal of the American Psychoanalytic Association*, 32:479-505. [PEP Web Link](#)

**Learning Objective:** At the conclusion of this session students will be able to identify one way in which transference shame manifests in psychoanalytic treatment.

**Week 8 (May 19, 2022): Borderline Personality Disorder: Hate in the Countertransference**

Maltzberger J. T., Buie D. H. (1974) Countertransference hate in the treatment of suicidal patients. *Archives of General Psychiatry*. 30(5):625-33. [Download from the [Reading folder](#) or request from [library@bpsi.org](mailto:library@bpsi.org)]

Gabbard, G. O., (1991) Technical Approaches to Transference Hate in the Analysis of Borderline Patients. *International Journal of Psychoanalysis*, 72: 625-637. [PEP Web Link](#)

**Learning Objective:** At the conclusion of this session, the student will be able to discuss Maltzberger's clinical approach to dealing with countertransference hate.

**Week 9 (May 26, 2022): Transference and Countertransference in the Treatment of the Narcissistic Character**

Modell, A. H. (1975) A Narcissistic Defense Against Affects and the Illusion of Self-sufficiency. *International Journal of Psycho-Analysis*, 56: 275-282. [PEP Web Link](#)

**Learning Objective:** At the conclusion of this session students will be able to define narcissistic character pathology and identify one manifestation in the transference.

**Week 10 (June 2, 2022): Race, Transference and Countertransference**

Goedert, M. (2020). Racism in the Countertransference. *Psychoanalytic Quarterly*, 89:4, 715-740. [Download from the [Reading folder](#) or request from [library@bpsi.org](mailto:library@bpsi.org)]

**Learning Objective:** At the conclusion of this session students will be able to identify two sources of countertransference in cross-race psychoanalytic psychotherapy.