We’re looking forward to meeting you and beginning our ten-week course on Transference/Countertransference Dilemmas in the Treatment of the Seriously Disturbed Patient. We will explore – through a series of clinically oriented papers and our own clinical material – common transference and countertransference dilemmas that arise in the work with patients suffering from Trauma, Schizoid, Borderline, and Narcissistic Pathology. We hope this course will dovetail with your seminar on Borderline and Narcissistic Character Pathology, allowing us an opportunity to delve more deeply into the clinical manifestations of these and other challenging patients and some of the technical challenges we inevitably encounter.

**Week 1 (March 31, 2022): Countertransference**


**Learning Objective:** At the conclusion of this session students will be able to identify one significant difference between Heimann’s and Reich’s conception of countertransference.

**Week 2 (April 7, 2022): Countertransference, continued**

**Learning Objective:** At the conclusion of this session students will be able to describe the difference between Bollas’s concepts of indirect and direct use of countertransference.

**Week 3 (April 14, 2022): The Patient who is Withdrawn, Hard to Reach, or Hard to Love**
Recommended Reading:
Fairbairn, WRD. (1952) “Schizoid Factors in the Personality” in Psychoanalytic Studies of the Personality. 3-27. NY: Routledge. [Download from the Reading folder or request from library@bpsi.org] or PEP Web Link

**Learning Objective:** At the conclusion of this session students will be able to identify one approach utilized in the treatment of the withdrawn patient.

**Week 4 (April 21, 2022): Trauma**

**Learning Objective:** At the conclusion of this session students will be able to define two discrete psychoanalytic approaches to dealing with traumatized patients as described by L. Brown.

**Week 5 (April 28, 2022): Management of Pressures on the Frame**

**Learning Objective:** At the conclusion of this session students will be able to identify one approach to managing severe challenges to the therapeutic frame.

**Week 6 (May 5, 2022): Erotic Transference and Countertransference**

**Recommended Reading:**

**Learning Objective:** At the conclusion of this session students will be able to define erotic transference and countertransference.

**Week 7 (May 12, 2022): Working with Shame in the Transference and Countertransference**

**Recommended Reading:**
**Learning Objective:** At the conclusion of this session students will be able to identify one way in which transference shame manifests in psychoanalytic treatment.

**Week 8 (May 19, 2022): Borderline Personality Disorder: Hate in the Countertransference**
Maltzberger J. T., Buie D. H. (1974) Countertransference hate in the treatment of suicidal patients. *Archives of General Psychiatry.* 30(5):625-33. [Download from the Reading folder or request from library@bpsi.org]


**Learning Objective:** At the conclusion of this session, the student will be able to discuss Maltzberger’s clinical approach to dealing with countertransference hate.

**Week 9 (May 26, 2022): Transference and Countertransference in the Treatment of the Narcissistic Character**

**Learning Objective:** At the conclusion of this session students will be able to define narcissistic character pathology and identify one manifestation in the transference.

**Week 10 (June 2, 2022): Race, Transference and Countertransference**
Goedert, M. (2020). Racism in the Countertransference. *Psychoanalytic Quarterly,* 89:4, 715-740. [Download from the Reading folder or request from library@bpsi.org]

**Learning Objective:** At the conclusion of this session students will be able to identify two sources of countertransference in cross-race psychoanalytic psychotherapy.