



boston psychoanalytic
society & institute

Spring 2022

ATP III

**Transference/Countertransference Dilemmas in Analytic Treatment from the
Different Traditions of Psychoanalytic Thought**

Sureyya Iscan, Ph.D. & Cuneyt Iscan, M.D.

We're looking forward to meeting you and beginning our ten-week course on Transference/Countertransference Dilemmas. We will be exploring different traditions of psychoanalytic thoughts and their use of transference and countertransference matrixes in analytic treatment. We are planning to look at a clinical paper in the first part of the class and and discuss our own cases and dilemmas in clinical work on the other half. We are planning to have guest speakers in the week of five and eight. Drs. Cooper and Abbasi will join our conversations. We hope to shape our time together according to needs of the class members. We welcome your input before or during our first meeting.

Week 1 (March 31, 2022):

Meeting and greeting. Class discussion of case assignments.

Week 2 (April 7, 2022): Transference & Countertransference Dilemmas in Ego Psychology Tradition

Busch, F. (2013). Working Within The Transference, In *Creating a Psychoanalytic Mind: A Psychoanalytic Method and Theory*. Routledge. Pg 99-115. [Download from the [Reading folder](#) or request from library@bpsi.org]

Learning Objective: At the conclusion of this session students will be able to identify different elements of countertransference and transference dilemmas in ego psychology tradition.

Week 3 (April 14, 2022): Transference & Countertransference Dilemmas in Object Relation Tradition

Joseph, B. (1983) On Understanding and not Understanding: Some Technical Issues. *International Journal of Psychoanalysis*. 64: 201-298. [PEP Web Link](#)

Learning Objective: At the conclusion of this session students will be able to identify different elements of countertransference and transference dilemmas in Kleinian tradition.

Week 4 (April 21, 2022): Transference & Countertransference Dilemmas Before Relational Tradition

Searles H. F. (1959). Oedipal Love in the Countertransference. *International Journal of Psychoanalysis*. 40: 180-190. [PEP Web Link](#)

Learning Objective: At the conclusion of this session students will be able to identify different elements of countertransference and transference dilemmas in before Independent tradition

Week 5 (April 28, 2022): Transference & Countertransference Dilemmas in Self Psychology

Kohut, H. (1979). The Two Analyses of Mr. Z. *International Journal of Psychoanalysis*. 60: 3-27. [PEP Web Link](#)

Learning Objective: At the conclusion of this session students will be able to identify different elements of countertransference and transference dilemmas in self psychology tradition

Week 6 (May 5, 2022): Transference & Countertransference Dilemmas in Independent Tradition

Cooper, S. H. (2021) Donald Winnicott and Stephen Mitchell's Developmental Tilt Hypothesis Reconsidered. *Psychoanalytic Dialogues* 31:355-370. [Download from the [Reading folder](#) or request from library@bpsl.org]

Learning Objective: At the conclusion of this session students will be able to identify different elements of countertransference and transference dilemmas in relational tradition.

Week 7 (May 12, 2022): Transference & Countertransference Dilemmas in Bionian Tradition

Bergstein, Avner (2015) Attacks on Linking or the Drive to Communicate? Tolerating the paradox. *The Psychoanalytic Quarterly*. 84(4): 921-942. [PEP Web Link](#)

Learning Objective: At the conclusion of this session students will be able to identify different elements of countertransference and transference dilemmas in Bioanian tradition.

Week 8 (May 19, 2022): Transference & Countertransference Dilemmas on Ethnic and Religious Differences

Abbasi, A. (2012) A Very Dangerous Conversation: The Patient's Internal Conflicts Elaborated Through the Use of Ethnic and Religious Differences between Analyst and Patient. *International Journal of Psychoanalysis*. 93(3): 515-534. [PEP Web Link](#)

Learning Objective: At the conclusion of this session students will be able to identify different elements of countertransference and transference dilemmas in ethnic and religious differences between the therapeutic dyad.

Week 9 (May 26, 2022): Transference and Countertransference Dilemmas in Racial, Gender and Otherness

Leary, K. (1997). Race, Self-Disclosure, And “Forbidden Talk”: Race And Ethnicity In Contemporary Clinical Practice, *Psychoanalytic Quarterly*, 66:163-189. [PEP Web Link](#)

Learning Objective: At the conclusion of this session students will be able to identify different elements of countertransference and transference dilemmas in ethnic and religious differences between the therapeutic dyad.

Week 10 (June 2, 2022): Transference and Countertransference Dilemmas in Multi-model Approaches

Cooper S.H. (2017). The Analyst's “Use” of Theory or Theories: The Play of Theory. *JAPA*, 65E(5):859-882. [PEP Web Link](#)

Learning Objective: At the conclusion of this session students will be able to identify different elements of countertransference and transference dilemmas in multimodal approaches.

Suggested Readings:

Harris, A. (2005) Transference, Countertransference, and the Real relationship. In Textbook of psychoanalysis. Chapter 13 pg. 201-216. [Download from the [Reading folder](#) or request from library@bpsl.org]

Høglend, P., Dahl, H., Hersoug, A., Lorentzen, S., & Perry, J. (2011). Long-term effects of transference interpretation in dynamic psychotherapy of personality disorders. *European Psychiatry*, 26(7), 419-424. doi:10.1016/j.eurpsy.2010.05.006 [Download from the [Reading folder](#) or request from library@bpsl.org]

Brown, L. (2012). Chapter 6, Countertransference: An Instrument of Psychoanalysis. In *Textbook of Psychoanalysis*, pg. 79-92 [Download from the [Reading folder](#) or request from library@bpsl.org]

Dahl, H.-S. J., Røssberg, J. I., Børgwald, K. P., Gabbard, G. O., & Høglend, P. A. (2012). Countertransference feelings in one year of individual therapy: an evaluation of the factor structure in the feeling word checklist-58. *Psychotherapy Research*, 22(1): 12–25. doi:10.1080/10503307.2011.622312 [Download from the [Reading folder](#) or request from library@bpsl.org]

Pick, I. (1985). Working Through in the Countertransference. *Int. J. Psychoanal.*, 66: 157-166. [PEP Web Link](#)

Renik, O. (1999). Playing One's Cards Face up in Analysis: An Approach to the Problem of Self-Disclosure, *Psychoanalytic Quarterly*, 68(4):521-539. [PEP Web Link](#)

Joseph, B. (1985) Transference: The Total Situation. *IJPA* 66: 447-454. [PEP Web Link](#)

Loewald, H.W. (1986). Transference-Countertransference. *J. Amer. Psychoanal. Assn.*, 34:275-287. [PEP Web Link](#)